IN THE SUPREME COURT OF THE NORTHWEST TERRITORIES

IN THE MATTER OF:

HER MAJESTY THE QUEEN

- V -

BENEDICT RALPH CORRIGAL

Transcript of the Reasons for Sentence by The Honourable Justice L. A. Charbonneau, sitting in Hay River, in the Northwest Territories, on the 13th day of May, A.D., 2015.

APPEARANCES:

Mr. M. Lecorre: Counsel for the Crown

Mr. P. Harte: Counsel for the Defence

Charges under s. 235(1) & 236(b) Criminal Code of Canada

Official Court Reporters

1	THE	COURT: On June 27th, 2012, Benedict
2		Corrigal killed Carol Buggins and Garfield
3		McPherson. In doing so he ended the lives
4		of two people and he changed forever the lives
5		of many others who cared for them, miss them
6		deeply now, and have to go on living with the
7		terrible knowledge of what happened to them.
8		The circumstances of these offences are
9		violent, disturbing and difficult to talk about
10		and hear about, but I must refer to them again
11		this morning because anyone reading my decision
12		in the future needs to know the facts of what
13		happened because it puts everything else I am
14		about to say in context.
15		Mr. Corrigal and Ms. Buggins had been in
16		a relationship for about seven years. He had
17		on occasion been violent towards her, he had
18		been charged and convicted of offences for this.
19		He had been put on conditions that limited the
20		contact that he could have with her. He was
21		found guilty for not complying with those
22		conditions on some occasions.
23		The most recent conviction had been for
24		an assault he committed on her on April 5th,
25		2012, after he found her and Mr. McPherson in
26		bed together. He was sentenced for that offence

on May 11th, 2012, and one of the probation

conditions that was part of the sentence imposed
that day was that he not have any contact with
Ms. Buggins unless she agreed to it beforehand.
That probation order was in effect in June of
2012 when the crimes I am sentencing him for
today were committed.

Based on the agreed facts it appears that despite those recent events, as of June 27th, 2012, Mr. Corrigal was of the belief that he and Ms. Buggins had reconciled. It is also part of the admitted facts that in June, 2012, she was in fact going out with Mr. McPherson. That evening Mr. Corrigal went to a party at Mr. McPherson's apartment at the High Rise building here in Hay River. He had a confrontation with Ms. Buggins and with Mr. McPherson. Mr. Corrigal now believes that it was at that point that he learned that his relationship with Ms. Buggins was over. He struck Mr. McPherson during that confrontation and yelled very derogatory things to him about Ms. Buggins which I do not need to repeat now.

Mr. Corrigal was kicked out of the party.

He was angry. He went to another apartment in

the High Rise, he had a nap in that apartment.

He later took a knife from that apartment and

left. He returned to Mr. McPherson's apartment.

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He knocked on the door and Ms. Buggins answered the door. Mr. Corrigal immediately attacked her with the knife. Without going into more detail than is necessary it is important to note that he did stab her a total of 25 times in various parts of her body, and those injuries were fatal. Mr. McPherson grabbed a knife to try to defend himself, but Mr. Corrigal put him down on the ground and stabbed him seven times. These injuries were fatal as well.

In the hours that followed Mr. Corrigal walked around Hay River and admitted to several people that he had killed two people and at times identifying who they were. At 4 a.m. he went to the hospital and spoke to a nurse and told her that he had killed Ms. Buggins and Mr. McPherson. The nurse called the RCMP.

Mr. Corrigal was arrested less than an hour later. He provided a statement to the police. He said, among other things, that he left the party angry, that he killed Ms. Buggins so that no one else could have her, that he was aiming at her heart because he wanted to kill her, and that he killed Mr. McPherson because he got in the way.

As both counsel said yesterday, no sentence imposed by this Court can ever make up for the

loss that this crime has caused for the many
people who were close to and loved Ms. Buggins
and Mr. McPherson. The victim impact statements
that were filed, many of which read in court
yesterday, and the two that were read into the
record again this morning, demonstrate the depth
of this loss. It is a loss that I am sure will
forever be felt.

For those affected by these terrible events, and I know many of them are here today, the Court can only hope that the conclusion of the criminal proceedings will assist in the long journey towards healing. Obviously the court process cannot undo the harm that was done. And the court process is not about vengeance.

Some of the people who have prepared victim impact statements have expressed the wish to see justice being done. "Justice being done," of course means different things to different people. In deciding what to do on this case I have taken into account everything I have heard yesterday, and also this morning, and I have attempted to arrive at a fit sentence for these crimes because that is the Court's duty at any sentencing hearing.

In sentencing any offender the Court's duty is to impose a sentence that is proportionate

to the seriousness of the crime committed and
the level of blameworthiness of the person who
committed it. Doing that requires taking into
consideration the circumstances of the offence
and the circumstances of the person who committed
it, as well as applicable sentencing principles.

Often times the range of sentence available for an offence is very broad. In this case though the Criminal Code says that there is a minimum penalty of life imprisonment for the crime of second degree murder, and so the only discretion that I have in imposing sentence is to decide how long it will be before Mr. Corrigal is eligible to apply for parole. The minimum period for that is 10 years and the maximum is 25 years.

On that issue the Crown says that the parole ineligibility period should be between 15 and 17 years, and the defence is not really disputing that range. The defence is asking me to impose an ineligibility period at the low end of that range. I have given what the Crown and defence have said serious consideration, and I will say now that I do not think that the range that is being proposed is unreasonable. The question is where within that range the parole ineligibility period should be.

27 Of course, there will also be a sentence

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1	imposed today for the killing of Mr. McPherson.	
2	For manslaughter there is no minimum punishment,	
3	but because the other sentence will be life	
4	imprisonment, any sentence I impose for the	
5	charge related to Mr. McPherson's death has to	
6	be served concurrently with the life sentence.	
7	Section 745.4 of the Criminal Code says	
8	that in deciding the parole ineligibility	
9	period the Court has to consider the character	
10	of the offender, the nature of the offence and	
11	the circumstances surrounding its commission.	
12	The Supreme Court of Canada explained in the	
13	case of R. v. Shropshire [1995] 4 S.C.R. 227,	
14	that the decision about parole ineligibility	
15	requires, like all sentencing decisions, taking	
16	into account the various sentencing principles	
17	that are set out in the Criminal Code. Really,	
18	it is part of deciding what a fit sentence	
19	is for the crime. This means considering	
20	aggravating and mitigating factors, as is	
21	required in any sentencing, and it means, of	
22	course, taking into account the circumstances	
23	of the offender.	
24	On that note I have the benefit of a very	
25	thorough pre-sentence report that gives me a	
26	lot of information about Mr. Corrigal's personal	

27 circumstances, family history and overall

background. I am not going to quote from
the report in detail, but I have considered
it carefully. I also have the benefit of
the submissions of Mr. Corrigal's counsel,
who said everything that could possibly be
said on Mr. Corrigal's behalf.

Mr. Corrigal is 55 years old. He was born in Saskatchewan and his family relocated to Hay River when he was about six years old. He is of Metis descent. I heard that in Saskatchewan the family spoke Cree frequently, but that stopped after they moved to Hay River and he no longer speaks that language.

Based on interviews with Mr. Corrigal
himself and some of his siblings, which were
conducted by the author of the pre-sentence
report, he does not appear to have had a
particularly unhappy or dysfunctional childhood.
The family faced certain issues and his parents
did separate a few years after they moved to
Hay River. The children remained with their
mother. They did not have a lot of money, but
despite these challenges they had a happy life.
Mr. Corrigal does not recall being the subject
of abuse or violence. His brother has a similar
recollection of their childhood. His sister
seems to remember things differently and noted

that there was an issue with alcohol abuse in the home which made life difficult.

It is difficult to know what to make of these different accounts, but certainly overall the pre-sentence report suggests that Mr. Corrigal was not subjected to many of the dysfunction and unhealthy environments that we often hear about in court in sentencing in general, and in sentencing aboriginal offenders in particular in the context of the Court's special obligations when sentencing aboriginal offenders.

Mr. Corrigal was in a relationship for many years with a woman, he had children with her. There does not appear to be any indication that there was violence in that relationship.

Mr. Corrigal acknowledges having developed a serious problem with alcohol. This became more of an issue for him in 2006 when he started to drink daily, but it also appears to have been a long-standing issue. He went three times to the treatment program that was then offered at the Hay River Treatment Centre, but was only able to complete the program once. In 1997 he attended a treatment program at Poundmakers Lodge and reports that he found that program more helpful and useful to him than others that he had taken.

As I have already mentioned he was in a relationship with Ms. Buggins for approximately seven years, which would place the commencement of that relationship around 2005 or 2006. For periods of time they lived together. Sometimes he lived elsewhere. It looks as though they separated and reconciled on a few occasions during that relationship. Mr. Corrigal experienced significant loss

Mr. Corrigal experienced significant loss in 2012 when both his mother and his younger brother passed away within a few months of one another. I heard that this caused him to suffer from severe depression and that he was on antidepressants. It also resulted in him increasing his alcohol consumption.

There are suggestions that this all contributed to his actions in June of 2012.

Mr. Corrigal has a lengthy criminal record. There are isolated entries, one in 1977 and one in 1984, but then a fairly regular pattern of convictions through the 1990s and the 2000s.

I agree with defence counsel that most of the convictions on that record are for crimes that are not particularly serious. Many were dealt with through fines. When jail was imposed it was for short periods of time.

27 Mr. Corrigal reports that almost all of his

convictions were related to the consumption of
alcohol and I do not doubt that this is the case.

There are a few convictions for assault, but they
do not appear to have involved serious violence
given the sentences imposed, and many convictions
are for property offences.

The portion of the criminal record which is most relevant to this sentencing are the more recent entries from the year 2010 onward, not because Mr. Corrigal received particularly long jail terms for offences he was convicted for, but because some of those convictions demonstrate a pattern as far as what was transpiring between himself and Ms. Buggins.

There were some issues with the record that were raised yesterday, and as I mentioned at the outset this morning, the records from the Territorial Court relating to those convictions are helpful in clarifying things. What those records show is a disturbing pattern of criminal conduct involving crimes committed against Ms. Buggins over the period of time that preceded her murder.

On my review of the relevant record the sequence of events in that regard is as follows: On the 9th of October, 2010, Mr. Corrigal assaulted Ms. Buggins. On the 3rd of January,

1	2011, he breached a term of an undertaking that
2	said he was not to have any contact with her.
3	He was sentenced on these two charges in January
4	of 2011, he received a 30-day jail term for the
5	assault and he was placed on probation. One of
6	the conditions of that probation order was that
7	he not have contact with her if he had been
8	drinking in the past 24 hours. Presumably this
9	was a response to a submission inviting the Court
10	to try to accommodate the continuation of the
11	relationship while offering some protection
12	to Ms. Buggins from Mr. Corrigal when he is
13	drinking.
14	On March the 8th, 2011, Mr. Corrigal
15	breached this no-contact order and was sentenced
16	on May the 31st, 2011, to 30 days in jail for
17	that.
18	Then on the 23rd of July, 2011, he committed
19	mischief by damaging some household property
20	belonging to Ms. Buggins. On that same day
21	he was convicted of breaching the probation
22	condition that required that he not have contact
23	with her if he had been drinking during the
24	previous 24 hours. On July 26th, 2011, he
25	assaulted Ms. Buggins and again was in breach
26	of that no-contact order. For those offences

he was sentenced on October 24th, 2011, to a

total of five months in jail. 1

2 On April 5th, 2012, he committed the 3 assault on Ms. Buggins when he found her with 4 Mr. McPherson, a conviction I have already referred to. For that assault he was sentenced on May 11th, 2012, to 37 days imprisonment deemed served by the time he spent in pre-trial custody, and he was also sentenced to another year of 8 9 probation. The no-contact condition in that 10 probation order, as I have already said, required him to not have contact with Ms. Buggins unless 11 she agreed with it beforehand. That was a more 12 restrictive condition than the one imposed in 13 14 the earlier probation order, and it is completely 15 understandable considering that he was continuing 16 to commit offences against her and the earlier 17 no-contact conditions had failed to protect her. It was a month and a half after this sentencing 18 that Mr. Corrigal killed Ms. Buggins and 19 20 Mr. McPherson. 21 This sequence of events is very disturbing, 22 and in my view unfortunately representative 23 of what frequently happens in abusive spousal relationships. Because of that I feel compelled 24

to make some comments about that aspect of this case.

The problem of domestic violence and spousal 27

2.5 2.6 abuse is rampant in this jurisdiction and it is

also a major problem elsewhere in this country.

It crosses geographical and cultural boundaries.

Every week the Courts in this jurisdiction, more

often the Territorial Court than this Court,

hears cases and sentences people for assaulting

their spouse. Some cases are more serious than

others, but the prevalence of these types of

offences cannot be denied.

We understand more now than we once did about the dynamics of abusive relationships.

We understand that there are many factors at play, many things that make it hard for victims of this type of violence to report these crimes, to follow through, to testify against their spouse or to leave the abusive relationship.

We know that the solution to these issues is not simple.

Often, but not always, alcohol is a factor in the commission of these offences. Often we hear during sentencing hearings things like "the abuser is not violent when sober" or that "the abuser is not a violent person by nature" or that "the issue is really the alcohol."

In other words, the issue is more circumstantial as opposed to being directly related to the offender.

1	This case, in a sense, is a good
2	illustration considering some of the comments
3	in the pre-sentence report. Mr. Corrigal
4	is reported as saying that this is totally
5	out of character for him, that it was
6	spur-of-the-moment. There are references
7	about Ms. Buggins' infidelity, about the fact
8	that Mr. Corrigal considered her the love of
9	his life; that "he was upset with her being
10	in another relationship" and that "he loved
11	her dearly and was possessive of her."
12	Unfortunately, these comments illustrate
13	very well the profoundly unhealthy dynamics
14	that are often part of spousal relationships
15	that involve abuse. Without doubt the level of
16	violence in this case is significantly different
17	from anything Mr. Corrigal had done in the past,
18	and in that sense perhaps it is out of character.
19	But it was not out of character for him to be
20	violent towards Ms. Buggins. He was convicted
21	of assaulting her more than once. He was
22	convicted of damaging her property.
23	I also note that this pattern started
24	before the losses that Mr. Corrigal suffered
25	in 2012, before he was on antidepressants, and
26	before Mr. McPherson was even in the picture.
27	So those factors may have contributed to the

extremely violent events of June, 2012, but 2 they do not explain the whole pattern or sequence of events here. 3 4 Similarly, Mr. Corrigal is reported telling the author of the pre-sentence report that he has no problem following probation orders. Again, that may be true for conditions 8

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that do not relate to Ms. Buggins, but it is clearly not true as far as the conditions that were crafted to give her some control and protection. Those probation conditions were breached several times in a relatively

short period of time, especially considering 13 14 that for parts of that period of time

Mr. Corrigal would have been in custody.

In the submissions made yesterday about the issue of excessive alcohol consumption and the role it may have played in the deterioration of Mr. Corrigal's control over his life and his general conduct, mention was made of the very high tolerance for excessive alcohol abuse in our communities and the impact that it has on individuals and families.

It would be difficult to disagree with those comments. Every week in our courts we hear about the ravages of alcohol consumption in this jurisdiction. We hear it leads to

child neglect, to violence, and to sexual abuse 1 2 of epidemic proportions. But again, the high tolerance to excessive drinking is not where, 3 in my respectful view, the focus for reflection 4 should be. It is without doubt a problem and may well have been a factor here, but it is not at the heart of what led to the deaths of Ms. Buggins and of Mr. McPherson. The 8 9 best evidence of that is that Mr. Corrigal has struggled with alcohol for many years 10 but had never displayed anywhere near this 11 12 type of violence. 13

In my view, what is at the root of what happened here in fact is an unhealthy and an extreme sense of possessiveness of Ms. Buggins, uncontrollable possessiveness and jealousy, and a desire to exercise control over her at all costs. That was at the heart of what happened here.

There was reference in submissions yesterday that Mr. Corrigal has struggled with the question "why did he do this?" Sadly, very sadly, I think the answer to that question can be found in his own words when he spoke to the police that night, having at that point a clear recall of what he had done and why. What he said then was that he killed her so no one else could have her.

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Which leads me to the next point.

Yes, there is high tolerance for alcohol abuse in our communities, a normalization of it almost, but there is also a high tolerance for spousal violence. As I said, every week the Court deals with cases involving spousal violence of various levels of seriousness. Every week the Courts try to address the prevalence of this problem in part through the sentencing practices, but it is not a problem that the Courts can solve.

The overall problem of spousal violence in this jurisdiction is relevant to this case because in my view what led to the death of Ms. Buggins and Mr. McPherson is part of a much larger problem and has its roots in some of the same dynamics as the spousal violence that takes place every day in our jurisdiction. This case is simply an extreme and very dramatic manifestation of it, and the cases filed by the Crown show that this happens more often than we would like to think and it happens, all over the country, and to people from all walks of life.

That violence is everyone's problem.

Everyone should be concerned about it and try
to support those who are trying to address it

and help people deal with it. Things will only
change if entire communities decide they want
things to change. Until and unless that happens
it is inevitable that there will be more cases
like this one.

The role of this Court is to continue to emphasize general deterrence and denunciation as the paramount sentencing factors in these cases, as has been the direction from appellate courts for many years, including in the case of R. v. Brown [1992] A.J. No. 432, which was decided by the Alberta Court of Appeal in 1992. It talks about the principles that apply in dealing with sentencing for domestic violence cases, and is a case that is every bit as relevant today as it was more than 20 years ago.

As I already mentioned, the Criminal Code says that in setting the parole ineligibility duration Courts must take into account the circumstances of the offence, the character of the person who committed it, and the sentencing principles. There are many factors here that justify a period of parole ineligibility much longer than the minimum 10 years. The first is the criminal record, and in particular the pattern that it shows as far as behavior towards

Ms. Buggins. This includes the important fact that Mr. Corrigal was on probation for an assault on her and bound by a condition not to have contact with her without her prior consent. Whatever ambiguity may have existed in Mr. Corrigal's mind that day, it is clear that once he was kicked out of Mr. McPherson's apartment he could not have been under any mistaken understanding as to the status of things.

The second is that these killings arose in the context of a spousal relationship which had come to an end. This is highly aggravating and underscores the need for a denunciatory sentence for reasons I have just been explaining.

I must also take into account as part of the overall circumstances the other extremely serious offence committed during the same set of circumstances. I agree that the reasoning of the Alberta Court of Appeal in the case of R. v. Tran [2009] A.J. No. 994, is very persuasive in that regard. The killing of Mr. McPherson, even though it is the subject matter of a separate charge of manslaughter, can and must be taken into account in setting the parole ineligibility period in sentencing Mr. Corrigal for Ms. Buggins' murder.

I also consider it aggravating that this particular second degree murder case fits fairly high on the overall scale of seriousness that can underlie this type of charge. A murder, by definition, is always a serious offence. But still, as with everything, there are things that increase the seriousness even more. Here I find that there are such factors present: The violence of the attack, the number of times Ms. Buggins was stabbed, in addition to the repeated stabbing of Mr. McPherson. I would also add this: By accepting a

I would also add this: By accepting a plea to second degree murder on this matter the Crown has conceded it could not establish beyond a reasonable doubt the elements of planning and deliberation which would be required to make out a charge of first degree murder, and I am not here being critical or second guessing in any way that decision.

But recognizing that, the fact remains that the circumstances here do not involve a completely spontaneous spur-of-the-moment act either. Mr. Corrigal left the apartment, went somewhere else, slept for a bit, armed himself with a knife before going back to the apartment, and immediately attacked Ms. Buggins when she opened the door. So as far as possible

circumstances that would make out a second
degree murder charge, this is not at the
"most spontaneous" or least serious end
of the spectrum, to the extent that these
things can be compared.

I must also consider factors that militate in favour of reducing the period of time for parole ineligibility, and the main one here is Mr. Corrigal's guilty plea. It did not come early because it has been almost three years since these offences were committed, but the Court's record shows that shortly after Mr. Corrigal was committed to stand trial he gave indications through his then counsel that he was intending on pleading guilty.

Mr. Corrigal's first counsel was instructed to ask that the sentencing hearing not proceed right away so that he could try to gather certain evidence and information that may be relevant to the sentencing hearing. Eventually a date was set for entering the pleas, but on that date Mr. Corrigal's counsel had to get off the record because of a breakdown in the solicitor/client relationship. But it was not very long after new counsel took over that the indication was given that the matter would in fact resolve without a trial. So although it has been a long wait for

the victims' families and loved ones to see the
conclusion of these proceedings, Mr. Corrigal's

plea does show remorse and his words in court
yesterday also show remorse. I accept that
he is sorry for what he had done.

The guilty plea, even if afforded its maximum mitigating effect, in my view falls far short of counterbalancing the many aggravating features I have talked about.

But for the guilty plea I think a much higher period of parole eligibility, much closer to the maximum available, would have been required to reflect those aggravating features.

In my view, the upper end of the range suggested by counsel makes ample allowance for the mitigating effect of the guilty plea and for other aspects of Mr. Corrigal's circumstances.

I want to make it clear I have also taken into account the fact that he is an aboriginal offender, but I simply do not find in this case that this is a factor that justifies reducing the parole ineligibility period having regard to the overall circumstances.

Mr. Corrigal's counsel has asked me to take into account Mr. Corrigal's age and the prospect that the higher end of the range, as far as parole ineligibility, might mean that

he would finish his days in jail. I have given 1 2 that submission some thought. The difference between one end of the range and the other of 3 4 what is being proposed is two years. Whether that two-year difference will mean in fact the difference between Mr. Corrigal finishing his life in jail or having an opportunity to be released before the end of his life is really 8 speculative at this point. Ultimately I have 9 concluded that the overarching concern here 10 has to be proportionality, and for all of the 11 reasons I have been talking about I think the 12 higher end of what the Crown is seeking is in 13 14 fact the very minimum that can be imposed given 15 the many aggravating factors that are present. 16 The Crown has sought a number of ancillary 17 orders and the defence does not take issue with them. So there will be a DNA order. There will 18 be a life-time firearms prohibition order. The 19 20 victims of crime surcharge will be waived. Any 21 exhibits seized as part of this investigation 22 will be returned to their rightful owners if that is appropriate. Otherwise, they will be 23 destroyed at the expiration of the appeal period. 24 Mr. Corrigal, stand up, please. 2.5 2.6 Mr. Corrigal, for the murder of Carol Buggins

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I sentence you to a term of imprisonment for

1	life and I set your parole ineligibility date
2	at 17 years from now. For the unlawful killing
3	of Mr. McPherson I sentence you to a term of
4	imprisonment of eight years, which will be
5	served concurrently with the other sentence.
6	You may sit down.
7	I want to conclude my remarks by borrowing
8	some of the words that I heard yesterday from
9	$\operatorname{Ms.}$ Lepine, who read her victim impact statement
10	in court. One of the things she said was this:
11	"No one can ever measure the loss of a beloved
12	person, no one can ever say if there is a
13	punishment suitable enough to atone for that
14	loss." As I said at the beginning, I know
15	this is true. Measuring any punishment
16	I impose against the loss suffered by the
17	victims' families and loved ones is not
18	really possible, and I realize that.
19	Ms. Lepine also said "It is my hope that
20	the person who is responsible for this will
21	know what loss we have experienced and will
22	take responsibility to heal in prison."
23	That is the Court's hope as well for you,
24	Mr. Corrigal.
25	Finally, Ms. Lepine said "Make this event
26	be of some value for the family members and the

27 community. It is not too late." Those I think

1		are very wise words and I thank Ms. Le	epine for
2		them. Thank you. If these tragic even	ents were
3		to spark real change, perhaps it might	: help make
4		them seem less senseless for those who	were most
5		affected by them.	
6		Have I overlooked anything, couns	sel?
7	MR.	LECORRE: I don't believe so	, Your
8		Honour.	
9	MR.	HARTE: No, Your Honour, th	nank you.
10	THE	COURT: In closing I want to	to thank
11		counsel for their work in resolving the	nis case,
12		for the reasonable positions that the	y took,
13		and their approach and for their very $% \left(1\right) =\left(1\right) \left(1\right) \left$	helpful
14		submissions. Close court.	
15			
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17		Certified to be a tru accurate transcript,	
18		to Rules 723 and 724 Supreme Court Rules.	
19		Supreme Court March.	
20			
21		Joel Bowker Court Reporter	
22		Court Reporter	
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