IN THE SUPREME COURT OF THE NORTHWEST TERRITORIES IN THE MATTER OF:

HER MAJESTY THE QUEEN

- and -

## PATRICK NADLI

Transcript of Reasons For Sentence of The Honourable Justice L.A. Charbonneau, delivered orally in Yellowknife, in the Northwest Territories, on the 11th day of July, 2014.

## APPEARANCES:

Ms. S. Boucher: Counsel for the Crown

Ms. J. Bond: Counsel for the Crown

Mr. P. Harte: Counsel for the Accused

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Charge under s. 272(1)(C), s. 267(B) Criminal Code of Canada

Ban on Publication of Complainant/Witness pursuant to Section 486.4 of the Criminal Code

1	THE	COURT:	I have had the opportunity to
2		consider the submis	sions that were made on this
3		matter, of course t	he first part of those
4		submissions, and the	e part I will talk about
5		today, has to do wi	th what sentence should be
6		imposed on Mr. Nadl	i for this offence.
7		As part of my	decision. I will be indicating

As part of my decision, I will be indicating my conclusions on the issues that were raised with respect to the remand time and how it should be treated, but I will be filing a written decision on that aspect of the case.

Before I begin, I just want to reiterate
that there is a publication ban in effect in this
case that protects the identity of the
complainant and prevents the publication or
broadcast of any information that could identify
her. If at any point in my decision I refer to
her by name, only initials will appear in the
transcript.

On May 27th, 2014, Patrick Nadli pleaded guilty to a charge of sexual assault causing bodily harm, and today it is my responsibility to decide what his sentence should be for that very serious offence.

The legal framework that governs sentencing is set out in the Criminal Code. I am not going to refer to or quote all of those sections in

this decision, but I have reviewed them and I
have considered them.

I had the benefit of thorough submissions from counsel at this sentencing hearing, both on what I will call the first part of the sentencing hearing which dealt with the circumstances of the offence and the circumstances of Mr. Nadli, and for the second part which related to the legal issues about the remand time. I am grateful for those thorough submissions.

The fundamental principle of sentencing is proportionality. That means that a sentence must be proportionate to the seriousness of the offence and to the degree of responsibility of the offender. The Criminal Code sets out more specific sentencing principles, but in the end they are all directed at ensuring that the sentence imposed meets the fundamental requirement of proportionality.

To do this and to arrive at a proportional sentence, the Court has to take into account the circumstances of the offence, how serious it was, what consequences it had for the victim, but the Court must also take into account the circumstances of the person who committed that offence. There are a whole host of factors that have a bearing on sentencing. No two cases are

ever alike, and that is why sentencing is a highly individualized process.

The facts that Mr. Nadli admitted to were recorded in an Agreed Statement of Facts which was filed as an exhibit at the sentencing hearing. It was read into the record then, and I will not read it again in it's entirety, but I have to refer again to what Mr. Nadli is being sentenced for because that is necessary to put this sentencing decision in context.

The victim of this offence met Mr. Nadli during the day on June 27th, 2012, in the town of Hay River. Together they returned to the Hay River reserve where the victim lived. They were together for a period of time with one of the victim's female friends. At one point Mr. Nadli and the victim's friends left the victim's house and went to a neighbour's house to continue drinking.

Mr. Nadli later returned to the victim's house. By then she had gone to bed. She awoke to him being in her room. He then sexually assaulted her, trying to put his penis in her anus. He also struck her on the back with a closed fist.

She tried to get away, but she was held down by Mr. Nadli. She tried to calm him down by

calling him names such as "love," "sweetheart,"
and "honey." She also asked him to put a condom
on. Eventually he had vaginal intercourse with
her. While he was doing this, he struck her with
his fists on her face, her chest, and her upper
body.

The victim told Mr. Nadli she needed to go and care for her dog. She was then able to leave the bedroom. Then she escaped from her house and went to her neighbour's house to call the police.

The police received that call at 4 a.m. in the morning on June 28th. They went to the house from which she had called. They saw her there and they made observations of her. In addition to the fact that she was upset, they noted that the left side of her face was starting to swell. Based on what she told them, they went to her house and there they found Mr. Nadli; he was still inside the residence. He was placed under arrest without incident.

Photographs of the victim's injuries were filed at the sentencing hearing. They show significant bruising and swelling to the left side of her face. They show bruising on her arm and on one of her breasts as well as on the side of her lower abdomen near her rib cage.

The victim prepared a victim impact

statement which was filed as an exhibit and was also read into the record at the sentencing hearing. It describes in simple but compelling terms the effect that this crime was having on her at the time it was written, which was in July 2012, about two weeks after the events.

She refers to physical effects including bruising, swelling, soreness, headaches. She also describes significant psychological effects. She says since the sexual assault happened she has had nightmares; that friend and family members do not like to sleep at her house because she wakes up screaming; that she feels suicidal; that she feels dirty and is compulsive about taking showers and cleaning her home; that she feels scared and unsafe all the time; that she feels that she will never be able to trust anybody again.

I was able to observe the victim of this offence when she testified at the trial that was held in November 2013, almost a year and a half after she wrote that victim impact statement. It was apparent then that she was still very much affected emotionally by these events. This is not surprising as this was a brutal, prolonged assault that occurred while she was in her home. It was a serious, callous, and contemptuous

violation by Mr. Nadli of her personal and sexual
integrity.

Mr. Nadli's counsel provided the Court with a lot of information about Mr. Nadli's personal circumstances and background. It is a background that speaks of considerable challenges that Mr. Nadli has had to face.

Mr. Nadli was born in Fort Providence. His parents abused alcohol. As a young child he was at times afraid to stay at home because of the drinking that went on there. He ran away from home. Eventually social services became involved and he was apprehended because he was found in need of protection.

As a child, and this I find quite sad, he felt responsible for having been apprehended, as though it was his fault. Obviously it was not his fault. It was the responsibility of adults who did not provide an environment where he could be safe. It is very sad that so early on in his life Mr. Nadli had to feel the weight of responsibility for something that was not his fault.

Feeling responsible for this was not the only consequence for him, unfortunately. He was moved to live in a group home in Fort Simpson and later to a hostel that was attached to the school

there. While he was living there, he was sexually assaulted by a night watch supervisor.

Through processes that have been set up and going on for a number of years now whereby persons who were abused at these schools can obtain some financial compensation for the harm done to them, Mr. Nadli received compensation, I am told, in the amount of \$100,000. Money cannot repair the emotional and psychological harm that resulted from suffering this kind of abuse of course, but the fact that he received a sizable amount of financial compensation demonstrates the recognition that he did suffer abuse and that this abuse was serious.

Not surprisingly, after he was abused,

Mr. Nadli began acting out. He spent a few years
in Yellowknife, and during that time he had some
contact with his family, but it was quite
limited. Then he was sent to Bosco Homes in
Alberta. He struggled in school because he was
placed in grade levels that did not correspond to
the level he was actually at.

He returned to Fort Providence when he was 14. It is not clear what led him to be sent back to live with his family, but after that point he never returned to school, and at that point, still quite young, he started getting into

1 trouble with the law.

His criminal record which was filed as an exhibit shows a fairly steady pattern of convictions starting at that point, 1990, and continuing over the two following decades. The last entry on his record is from September 2011, less than a year before this offence was committed.

Mr. Nadli has worked at various jobs. He has worked in the fishing industry, he has worked as a rock crusher, and as a carpenter's helper.

At one point he was employed as a janitor at one of the mines but lost that job when the employer found out about his criminal record.

Despite his fairly lengthy criminal record,
Mr. Nadli had never in the past spent as much
time in custody as he has since his arrest on
this matter.

I heard that while on remand he has taken advantage of some of the resources that were available to him. He has attended AA meetings regularly since he was taken into custody and now recognizes the negative impact that alcohol abuse has had on his life. He has attended and participated several times in talking circles that take place regularly at the jail. Through this he has been able to start talking about his

own abuse and has been able to begin getting some insights into his behaviour.

I heard about these things through
Mr. Nadli's counsel, and I also heard about them
through Mr. Nadli himself when he had an
opportunity to speak to the Court at the
conclusion of his sentencing hearing.

Documents were filed confirming his attendance at AA and his participation in the talking circles. One of the counsellors at the North Slave Correctional Centre has written a letter which was also filed as an exhibit where he explains what the talking circles are about. In that letter he expresses the view that Mr. Nadli is taking responsibility for his own healing, and he commends him for it.

It is very clear from what I have heard that Mr. Nadli has had a very difficult childhood.

The struggles that he faced growing up, the abuse that he suffered, and some of the resulting consequences, sadly, are things that many aboriginal offenders who are dealt with by the Courts in this jurisdiction have also faced as children. There is little doubt that they are things that have contributed to Mr. Nadli acting out, developing an unhealthy relationship with alcohol, and feeling a lot of anger and pain that

he has never been able to address in a meaningful
way until now.

His criminal record, which I have already referred to, includes convictions for a variety of offences: Property offences, crimes of violence, and breaches of various court orders. He has received non-custodial sentences such as terms of probation and fines as well as several jail terms, most of which amounted to a few months. The longest individual sentence he has ever received was 15 months imprisonment for assault causing bodily harm in 2006. He has never been convicted for anything as serious as what he faces sentence for today, and he has never received a sentence anywhere near the range of the sentence he is facing today.

The Crown argues that a fit sentence under the circumstances is a sentence in the range of 4 to 5 years imprisonment. Defence does not take issue with that range. That is a reasonable concession for the defence to make under the circumstances.

Defence asks that the sentence be at the lower end of that range, taking into account the principle of restraint and its particular importance when dealing with aboriginal offenders, and considering Mr. Nadli's specific

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1	circumstances.
2	The law is well established in this
3	jurisdiction that in dealing with serious sexual
4	assaults, and this is certainly such an offence,
5	the paramount sentencing principles are
6	deterrence and denunciation. There are many
7	reasons why this is so, including the prevalence
8	of sexual assaults in this jurisdiction,
9	particularly sexual assaults on women who are
10	assaulted while they are sleeping.
11	Because there are so many of these cases,
12	quite unfortunately this Court has commented
13	numerous times on this issue of prevalence of
14	this type of crime. For the record and because
15	it is a consideration on this matter as it is in
16	so many others, I will repeat here when I said in
17	R v. Lafferty 2011 NWTSC 60, at paragraph 37.
18	"Sexual assault is a crime that is terribly prevalent in
19	the Northwest Territories.
20	This Court sadly has cause to comment on this fact very often because this Court very
21	often because this court very often has the task of sentencing people for the
22	crime of sexual assault.
23	These cases seem to be happening in almost every
24	community in this jurisdiction. They are
25	committed by young people, middle-aged people, and
26	sometimes older people. In
27	<pre>particular, sexual assaults committed against women or young girls who are passed out</pre>

1	or intoxicated to the point of not being able to resist and
2	also sometimes on women or
3	young girls who are quite simply asleep in their own bed
4	are very frequent.
5	I have said in other cases that it boggles the mind how often it happens and why it
6	happens. What makes a person decide to treat another person
7	with such disregard and contempt for their personal
8	integrity? The fact that it
9	happens so frequently does not make it any more
10	understandable, does not make it any less disturbing, and
11	certainly does not make it any less wrong."
12	
13	In the paragraph that follows the one I have
14	just quoted in Lafferty, I refer to a series of
15	cases from this jurisdiction where similar
16	comments were made about the prevalence of this
17	type of crime in the Northwest Territories. I am

just quoted in Lafferty, I refer to a series of cases from this jurisdiction where similar comments were made about the prevalence of this type of crime in the Northwest Territories. I am not going to repeat those references here. They are but a small sample of a very long list of sentencing decisions in this jurisdiction dealing with this type of assault.

It is a type of offence that comes so frequently before the Court that it has been described as an epidemic. There continues to be a real need for the Court to send a clear message that this conduct is intolerable. The message also has to be sent that in those cases where the

victim is sleeping or intoxicated or highly intoxicated, that fact does not in any way lessen the seriousness of the act. On the contrary; it makes it all the more serious because people in that condition are more vulnerable. This is true whether the victim is actually passed out from drinking or simply intoxicated and therefore not in the best position to defend herself.

The starting point for offences of this type is three years imprisonment. From this starting point, the sentence must be adjusted to reflect any aggravating or mitigating factors that might exist. Here there are several aggravating factors.

First, the victim was in her own home, the place where she should be able to feel the safest. In fact, she was in her own bed. That sense of safety was taken away from her. That is abundantly clear from her victim impact statement, and it is also consistent with what we hear regularly in cases of this kind. The fact that this happened in her home is an aggravating factor.

Second, the violence used against her while she was being sexually assaulted is also a significant aggravating factor. This was ongoing, gratuitous violence. It left her

bruised on several parts of her body. The

bruising and swelling to her face is significant.

The fact that she had all those bruises elsewhere

on her body speaks to the fact that the force

used against her was significant. Of course the

fact that she was injured is reflected in the

fact that Mr. Nadli pleaded guilty to the charge

of sexual assault causing bodily harm, not merely

a charge of sexual assault.

The fact remains that severe bruising or bodily harm could be caused by one single blow. Here Mr. Nadli struck the victim repeatedly despite her attempts to calm him down. I consider it aggravating that this continued for some time, despite her attempts to get him to stop. The fact that she was desperate enough and scared enough to call the very person who was violating her and brutalizing her things like "love" and "sweetheart" speaks volumes. It is also particularly disturbing to imagine how that must have felt for her, and again I was able to observe, when she testified at the November 2013 trial, the emotional state that she was in while she was speaking specifically about those facts.

Mr. Nadli was on probation at the time this happened. That is somewhat aggravating, although it is not a significant factor in this case.

Mr. Nadli's record is also a factor because it does include convictions for crimes of violence.

He has received jail terms for some of them, although as I mentioned most of these jail terms were not very long ones, the longest being a 15 month sentence for assault causing bodily harm that I have already referred to.

A person should not be sentenced a second time for the convictions that appear on their criminal record because they have already been sentenced for those convictions. It is very important not to overemphasize the existence of a criminal record on sentencing, but it can be a relevant factor. Here it is relevant because it shows a steady pattern of antisocial conduct, including conduct that involves physically harming others, as he did in this case. It is relevant because it speaks to the danger he can present to his fellow community members.

I expect most of the convictions are related to offences that occurred when Mr. Nadli was drinking, but he has for over 20 years now known that drinking leads him to act badly. Although I recognize that now that he has started dealing with the issue of alcohol consumption and addiction, and that is an important step for him, the underlying anger and whatever other issues

lead him to harm others when he drinks also need to be dealt with. Because a lot of people drink and get drunk but they do not harm others when they are under the influence of alcohol.

There are also mitigating factors to consider, and I need to spend some time on those.

The guilty plea must be considered. It is far from a guilty plea entered at an early opportunity. It is not a plea that put a quick end to proceedings, showed unequivocal remorse, and spared the victim from having to testify at all about the event. This matter went through the full process of a criminal proceeding. There was a preliminary hearing, there was a jury trial, and there were verdicts rendered on two of the three counts that Mr. Nadli faced in November of 2013. After the mistrial was declared on the third count, the Crown had to speak to the victim about going through a second trial, and a date was set for that retrial. It is after all of that that Mr. Nadli entered his guilty plea.

This is something that I cannot ignore, particularly in light of the submission that I heard on behalf of Mr. Nadli, and things that he said himself, about the fact that the time he has spent in custody has given him access to certain resources and has lead him to gain insight into

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2.5

1 his behaviour.

The AA attendance sheets, for example, begin with entries in July of 2013, but I have heard from counsel and accept that Mr. Nadli starting attended AA a long time before that but just did not get attendance sheets filled in. As for the talking circle, Mr. Lockhart's letter lists all the dates on which Mr. Nadli participated. He started in May 2012 and he attended as well in August, September, October, November, and December of that year. He also attended numerous times in 2013, a total of 24 times before his jury trial took place in November 2013.

The only reason I mention this is because at the jury trial, Mr. Nadli testified and provided an account of events that is completely at odds with what he now admits happened. His account of events at trial was one where, to put it simply, he had done absolutely nothing wrong. So at that point, despite sobriety and despite extensive participation in the talking circle, he had not yet gained enough insight into his conduct to be prepared to take responsibility for it. At that point he was still deflecting all the blame onto the victim. He accused her of having attacked him and said that her injuries were caused when he was defending himself.

Of course he had the right to have a trial and he had a right to testify in his own defence, and I am certainly not going to punish him for that. This is only relevant to the extent that as recently as November 2013, Mr. Nadli was not prepared to take responsibility for his actions and was quite prepared to put the blame on the victim.

From what he said at the sentencing hearing and from what his counsel has said, it appears that since that date something has clicked for him and he has had a huge shift happen in terms of taking responsibility for this matter, a shift that is evidenced by his guilty plea. It is very much to his credit that this shift has happened, but I expect for him these are the first steps of what will be a long journey.

He has taken responsibility. He has publicly apologized to the victim when he addressed the Court, and I hope that the Crown's office, if that has not already happened, will ensure that she is aware not just that he has pleaded guilty but also he has publically apologized to her in the courtroom at the sentencing hearing.

Mr. Nadli's guilty plea is a mitigating factor and it is an indication that he now

accepts responsibility for his actions, but quite apart from what it says about his state of mind and his level of insight, the guilty plea provided this victim with certainty of outcome and has avoided the need for her to testify again. That is very meaningful. Certainty of outcome considering the high standard of proof that applies in criminal cases is very valuable to victims. Sparing this victim from having to testify again is also significant because I say again, I know, for having seen it, how difficult testifying at the November trial was for her.

The guilty plea is significantly mitigating, and to me it is clear that had Mr. Nadli been convicted of this offence after trial, he would be facing a much longer jail term than the range that is being suggested here.

Another important factor that has a bearing on the sentence to be imposed is that I am required by law to take into account that

Mr. Nadli is an aboriginal offender, and I have already referred to the struggles that he has faced and how those facts played a part into his coming in conflict with the law. It is not an excuse for him to commit crimes, but as the Supreme Court of Canada has said, it is something that may reduce his level of blameworthiness,

which in turn is a component that is relevant to proportionality.

I have taken the mitigating factors into account, and I have considered carefully the requirement that I exercise restraint. Even making due allowance for those factors though, making allowance for the very sad circumstances that Mr. Nadli faced as he was growing up, the fact still is that the offence that he committed in June 2012 was extremely serious. He was out of control and caused great harm to his victim, and while his level of blameworthiness is reduced to some extent having regard to his own circumstances, it is only so up to a point.

His victim is an aboriginal woman with struggles of her own. This offence took place on the Hay River reserve, an aboriginal community.

Mr. Nadli's community is an aboriginal community.

The principle of restraint is important and it is particularly important when dealing with aboriginal offenders, but Courts must be cautious not to apply that principle in a way that results in the people who live in those aboriginal communities not being adequately protected, or in a way that fails to reflect the seriousness of the harm that is done to them when crimes are committed in their communities.

I have carefully considered the submissions that were presented to me on behalf of Mr. Nadli, but I conclude that a sentence at the higher end of the range proposed by the Crown is what is required here, even giving due effect to the guilty plea and the requirement for restraint.

The last factor that must be taken into account here today is the time that Mr. Nadli has spent on remand, and this was the subject of extensive submissions at the sentencing hearing.

As I said at the outset, I will soon be filing written reasons which set out in detail my conclusions on the various legal issues that counsel addressed in their submissions. For the purposes of the reasons I am delivering now, I will simply indicate what my bottom-line conclusions are on those issues.

First of all, I have concluded that it is not open to me at this sentencing hearing to set aside or disregard the written entry made into the record at the time of Mr. Nadli's bail review in November 2012, to the effect that his detention is being ordered primarily because of his criminal record. I have concluded that I must treat that entry into the record as having been made pursuant to paragraph 515(9.1) of the Criminal Code. By operation of paragraph

719(3.1) of the Criminal Code, therefore, the
remand time that accumulated after that bail
review date can only be credited on a ratio of
1 for 1 unless the relevant provisions are found
to infringe the Charter.

Mr. Nadli's Charter challenge to a portion of paragraph 719(3.1). I have concluded that the provision does infringe the Charter and that it is not saved by section 1. For the purposes of this sentencing I will give that provision no force or effect. I conclude that I do have discretion to grant Mr. Nadli credit on enhanced a ratio to a maximum of 1.5 to 1 for the totality of the time that he has spent on remand.

As of today's date, Mr. Nadli has spent 744 days on remand. At the maximum credit rate at 1.5 for 1, that translates into 1,116 days, which represents 3 years and 21 days.

There is no suggestion that there was anything particularly harsh about Mr. Nadli's detention conditions. In fact as I have already referred to, he has had access to some programs while he was on remand, and he has benefited from that.

In the case of R v. Summers, 2014 SCC 26, the Supreme Court of Canada provided guidance as

1	to what circumstances can give rise to enhanced
2	credit for remand time under paragraph 719(3.1)
3	At paragraph 71 of the decision, the Court said
4	
5	"The loss of early release taken alone will generally be a sufficient
6	basis to award credit at a rate of 1.5 to 1, even if the conditions of
7	detention are not particularly harsh, and parole is unlikely. Of
8	course a lower rate may be appropriate when detention was a
9	result of the offender's bad conduct, or the offender is likely
10	to obtain neither early release or parol."
11	
12	Then the Court talked about where enhanced
13	credit is not available, but in Summers the
14	constitutional validity of that portion of the
15	provision was not in issue.
16	I understand the Summers decision to mean
17	that the inability to earn remission while on
18	remand is a sufficient basis to grant enhanced
19	credit to the maximum ratio provided by the
20	Criminal Code. But it is always the case that
21	within the parameters set out in the Code, the
22	credit to be given for remand time remains a
23	matter for the sentencing judge's discretion.
24	Having considered all of that, having
25	considered what the maximum credit would be and
26	having considered the submissions I heard that

some of Mr. Nadli's conduct or aspects of his

conduct would have disentitled him to the equivalent of 14 days in remission, as his counsel put it, I have decided that for the amount of time he has spent on remand, I will give him credit for a total of 3 years.

Stand up, please, Mr. Nadli.

Mr. Nadli, for the sexual assault causing bodily harm of Ms. B, I have concluded that a fit sentence is 5 years imprisonment. I am giving you credit for the time that you have spend on remand as close to the maximum as I can. I am giving you credit for three years. The further jail term will be two years imprisonment. You can sit down.

I am going to direct that the warrant of committal be endorsed with a recommendation that Mr. Nadli be permitted to serve his sentence in a Northern institution so that he can continue some of the things that he has started doing while at the North Slave Correctional Centre.

It is not something I can order and it is not something that I would order because it is possible that there are things that Mr. Nadli could benefit from that are not available in the North, but I am sure the authorities will recognize that he has already spent a long time at the North Slave Correctional Centre. He has

started building the foundation, hopefully, for

change and healing, and I trust that those

responsible for deciding where he will serve his

sentence will take into account the importance of

not doing anything that would be

counterproductive and do harm to the progress he

has already made.

The Crown has sought other orders, and they will issue. There will be a DNA order because this is a primary designated offence. There will be an order that Mr. Nadli comply with the Sexual Offender Information Registry Act for a period of 20 years. There will be a firearms prohibition order commencing today, expiring 10 years after Mr. Nadli's release. There will be no order for a victim of crime surcharge. The date of this offence is such that I do have discretion to waive the surcharge, and I do so because of the length of time Mr. Nadli has already spent in custody and the sentence that I am imposing today.

There will be an order for the return of exhibits seized to their rightful owner, if that is appropriate. Otherwise they are to be destroyed, but only at the expiration of the appeal period.

Is there anything I have overlooked from the

1		Crown's perspective?
2	MS.	BOUCHER: I don't think so, Your Honour.
3	THE	COURT: Anything from the defence
4		perspective?
5	MR.	HARTE: No. Thank you, Your Honour.
6	THE	COURT: Before we close Court, I thank
7		counsel again for their submissions on this
8		matter.
9		Mr. Nadli, I know this is a further jail
10		term that is lengthy, but I also heard what you
11		said about what you are trying to do and where
12		you want to go, and I sincerely wish you luck
13		with that, and I hope that you will continue with
14		all your efforts so that you can turn the page
15		and use your many skills to contribute to your
16		community and not ever be in a courtroom again.
17		We will close Court.
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2	CERTIFICATE OF TRANSCRIPT
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6	Certified to be a true and accurate
7	transcript pursuant to Rule 723 and
8	724 of the Supreme Court Rules of Court.
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18	Karissa Irvine
19	Court Reporter
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